



Post Op Instructions (Cat Spay)

Thank you for bringing to Claro Hill Vets for her spay.

Exercise control:

Please keep indoors for the next 10 days to monitor the wound and make sure she is receiving her anti-inflammatories. Normal exercise can resume after that, unless advised otherwise. It may take 24 hours for to get back to their normal self.

Nutrition:

Anaesthesia can cause nausea and vomiting; we recommend a small evening meal either in the form of the recovery food we provide or 's normal diet if it is easily digestible. Healing from a surgical procedure requires adequate nutrition to provide the building blocks for tissue growth/healing. We recommend is fed a well-balanced and nutritionally complete diet.

Medication:

has been provided medication to continue at home. The discharge nurse will instruct you how to administer the medication.

Medication	Dose	Administration Instructions	Comments
		Do not use if not eating, or if any vomiting or diarrhoea.	

A decrease in activity and/or appetite for 1-2 days may be observed post sedation or anaesthesia.

However, if exhibits any of the following symptoms please contact the practice.

- No food or fluid intake for more than 24 hours
- Vomiting or diarrhoea
- Any concerns with the wound e.g. wound discharge, swelling or opening up of the wound

Preventing wound intervention:

Please check the incision site twice daily for swelling, redness or any discharge.

You will be provided with either a buster collar or medical pet shirt to prevent interfering with her wound.

If licks at the incision, bacteria will be introduced and may cause an infection. may also remove the



sutures which can lead to wound breakdown and therefore may require further surgery.

Follow up:

Please arrange a post op check in 3 days.

If you have any questions or concerns, please don't hesitate to contact the Claro Hill team on

01423 228080 or email us at info@clarohillvets.co.uk.

For out of hours queries, please contact either Swift Emergencies on 01937 374888

or Bishopton Vets on 01765 602396.